



DIOCESE OF FORT WORTH  
THE BISHOP'S OFFICE



By the Grace of God and the Authority of the Apostolic See  
Bishop of Fort Worth

DECREE

+ In the name of Our Savior Jesus Christ. Amen.

In accord with the practice of Lent within the Church, the Code of Canon Law, and the directives of the United States Conference of Catholic Bishops, the law of abstinence from meat binds those who have completed their fourteenth year of age. This law may be dispensed for just cause.

Given the cultural importance and patronage of Saint Patrick within the Diocese of Fort Worth, I decree that when his memorial falls on a Friday of Lent, the faithful of the Diocese are dispensed from the law of abstinence from meat.

Those who make use of this dispensation are encouraged to abstain from meat on another day of Lent that is not a Friday.

Given this day, February 17, 2023, at the Chancery of Fort Worth.

*+ Michael F. Olson*

The Most Reverend Michael F. Olson, STD, MA  
Bishop of Fort Worth

*E. James Hart*

The Reverend Monsignor E. James Hart  
Chancellor/Moderator of the Curia



THE CATHOLIC CENTER

800 West Loop 820 South • Fort Worth, Texas 76108-2919 • (817) 560-3300 • Fax (817) 244-8839 • [www.fwdioc.org](http://www.fwdioc.org)

[officeofthebishop@fwdioc.org](mailto:officeofthebishop@fwdioc.org)